

Glove Measuring Guide

The proper size will provide the best protection and performance.

It is important to properly measure your hand so that gloves fit correctly.

- Wrap a soft cloth measuring tape entirely around your dominant hand, just below the knuckles. For reference, your dominant hand would be your right if you are right-handed and left if you are left-handed.
- If you don't have a soft cloth measuring tape you can wrap a piece of string around your hand and measure the length of the string using a ruler.
- Take the full circumference measurement and compare it to the chart for the recommended glove size*.



This example shows a circumference measurement of 9 inches. The recommended glove size for this user would be Large (9).

* Estimate size to the closest fit

** Hand proportions may vary

| Numeric Size | Letter Size | Inches** |
|--------------|-------------|----------|
| 5 | XXS | 5 |
| 6 | XS | 6 |
| 7 | S | 7 |
| 8 | M | 8 |
| 9 | L | 9 |
| 10 | XL | 10 |
| 11 | 2XL | 11 |